

The Great Outdoors PSA (:30)

[Man] I've got the water, energy bars, and camera. I think we're set for the hike.

[Woman] Almost. We need to protect our skin. Don't forget your wide brimmed hat and sunscreen.

[Man] Oh, right. I've got the hat. I've got SPF 30. Will that work?

[Woman] Yeah, anything 15 or higher is good. Just make sure it says broad spectrum.

[Man] Great. Got it. I am not getting burned again. Let's go.

[Announcer] Learn more at cdc.gov/cancer.