

Drinking and Driving – What You Need to Know PSA (:60)

Drinking and driving is a serious problem that threatens everyone on the road. About one hundred twelve million times a year, US adults drink too much and get behind the wheel. The number of drinking and driving episodes has been decreasing, but the danger is still very real. Crashes involving alcohol-impaired drivers kill nearly 11,000 people each year. If you're drinking, designate a non-drinking driver before you start, call a cab, or get a ride home. Never let your friends drink and drive.

Even if you don't drink and drive, always wear your seat belt, and encourage everyone else in the car to buckle up, too. Seat belts reduce the risk of serious injuries and death in a crash by 50 percent.

Remember, driving drunk is never OK. Choose not to drink and drive and help others do the same.

To learn more, visit www.cdc.gov/vitalsigns.