



A MINUTE OF HEALTH WITH CDC

Avoiding Swimming Sickness

Outbreaks Associated with Treated Recreational Water — United States, 2000-2014

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[Announcer] This program is presented by the Centers for Disease Control and Prevention.

Pools, water parks, and other recreational water venues are popular places to relax and stay cool, but they can be sources of serious illness. Since 2000, nearly 500 outbreaks have been reported at recreational water venues in the U.S., resulting in over 27,000 illnesses and eight deaths; most were caused by parasites, bacteria, viruses, or certain chemicals in the water. Parents with young children who have diarrhea should not allow their children to swim or play in the water. In addition, bathers should check the inspection scores of pools and water parks and can conduct mini-inspections using test strips before getting in the water. A few simple precautions can allow you to share the fun, not the germs.

Thank you for joining us on *A Minute of Health with CDC*.

[Announcer] For the most accurate health information, visit cdc.gov or call 1-800-CDC-INFO.