



A MINUTE OF HEALTH WITH CDC

Epilepsy Awareness

National and State Estimates of the Number of Persons with Active Epilepsy – United States, 2015

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[Announcer] This program is presented by the Centers for Disease Control and Prevention.

Epilepsy is a brain disorder that leads to recurring seizures. Approximately 3.4 million people in the U.S. have epilepsy, with most cases occurring among adults. It can affect a person's ability to engage in some daily activities, such as driving, working, or going to school. Risk factors include stroke, heart disease, head injury, and depression. However, the causes are often unknown. Epilepsy can be treated with medication and sometimes surgery, medical devices, or diet. If you think you've had a seizure, talk to your doctor as soon as possible. Early diagnosis is important.

Thank you for joining us on a Minute of Health with CDC.

[Announcer] For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.