



A MINUTE OF HEALTH WITH CDC

Shots for Expectant Moms

Influenza and Tdap Vaccination Coverage Among Pregnant Women — United States, April 2018

Recorded: September 25, 2018; posted: September 27, 2018

[Announcer] This program is presented by the Centers for Disease Control and Prevention.

For an expectant mother, taking care of her developing baby means taking good care of herself. One way she can do this is by ensuring she gets vaccinated. If a woman is or might be pregnant during flu season, it's especially important to get her annual flu shot, preferably before the end of October. In addition, women should be vaccinated against whooping cough during the third trimester of each pregnancy. Failure to get vaccinated places both mother and baby at increased risk for serious complications of these infections, including hospitalization and even death. If you're pregnant or planning to get pregnant, ask your health care provider when you should get your vaccines.

Thank you for joining us on *A Minute of Health with CDC*.

[Announcer] For the most accurate health information, visit cdc.gov or call 1-800-CDC-INFO.