



A MINUTE OF HEALTH WITH CDC

Healthy Hand Hygiene

Global Handwashing Day – October 15, 2017

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[Announcer] This program is presented by the Centers for Disease Control and Prevention.

Teaching young children personal hygiene can have a positive impact for a lifetime. Encouraging regular handwashing is a good start. Worldwide, almost one and a half million children die each year from diarrheal disease and pneumonia before their fifth birthday. Handwashing with soap and water can reduce diarrhea in this age group by one third, and respiratory disease by one fifth.

Teach children how and why to clean hands by example. Hands should be properly washed before eating, after using the bathroom, after sneezing or coughing, and after handling pets or garbage.

Thank you for joining us on a Minute of Health with CDC.

[Announcer] For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.